

Mix Vegetables

Applesauce cup

Tri taters

Carrot Sticks w/ dip

Mandarin Oranges

June 2019 Seamless Summer Nutrition Program **Breakfast & Lunch Menus**



Vegetable Medley

Pineapple Tidbits

BREAKFAST & LUNCH PRICES

No cost children

OPPORTUNITY

PROVIDER

AND EMPLOYER

Monday	Tuesday	Wednesday	Thursday	Friday	National Fruit &
	Featured GA Produce	FARM	Putnam County Seamless Summer Nutrition Program begins on June 3 2019 All meals including breakfast at no cost. To children 18 and under	Feeding Georgia's Kids SUMMER	Georgia
03 Breakfast Ham, Cheese Grits or Cereal LUNCH Chicken Nuggets w/ Roll Grille Cheese sandwich Celery Sticks w/dip Carrot Sticks w/dip Buttered Corn Fresh Strawberries or Oranges	04 Breakfast Sausage Biscuit or Cereal LUNCH Pepperoni Pizza PBJ Bar & Cheese Stick Romaine Spinach Salad w/ Blueberries Steamed broccoli florets Assorted Apples	05 Very Berry Parfait or Cereal & Breakfast Danish LUNCH Eagle Dog Grille Cheese Sandwich Creamy coleslaw Carrot Sticks w/ dip Watermelon Chunks	Description of the beauty of t		School Breakfast Every (hild Every Day
I O Breakfast Pancake on a Stick or Cereal Lunch Slider Cheeseburger or Ham- burger Grille Cheese Sandwich Mashed Potatoes Celery Sticks w/ dip Assorted Apples	II Breakfast Chicken Biscuit or Cereal Lunch Ham or Tuna Salad w/ crackers PBJ Bar & Cheese stick Carrot Sticks w/ dip Green Peas Orange Wedges or Watermelon Chunks	12 Breakfast Steak Nuggets & Cheese Grits or Cereal Lunch Corndog Chicken Nuggets w/ Roll Zesty Fresh Cucumbers Baked Beans/ Creamy Coleslaw Assorted Fresh Pears	I3 Breakfast Sausage Biscuit or Cereal Lunch Zesty Chicken Noodle Casserole w/ Breadstick Pbj Bar & Cheese Stick Sautéed Zucchini Broccoli florets w/ dip Assorted Apples		NOTE THAT PUTNAM COUNTY SCHOOL SYSTEM IS OFFERING NO COST MEALS TO ALL STUDENTS 18 YEARS OR YOUNGER
I7 Breakfast Chicken & Waf- fles or Cereal Lunch Eagle Dog or Deli Sandwich Tossed Salad w/dressing Sun Chips Carrot Sticks w/dip/ Creamy Coleslaw	I 8 Breakfast Cheese Grits & Ham or Cereal Lunch Pepperoni Pizza or PBJ bar & Cheese Stick Steamed Broccoli florets Buttered Corn Assorted Apples	19 Breakfast Breakfast Pizza or Cereal Lunch Roasted Chicken Slider Cheeseburger Potato Salad Baked Beans Orange Wedges or	20 Breakfast Sausage Biscuit or frudel Lunch Spaghetti Mac w/ Breadstick Grille Cheese Sandwich Romaine Spinach Salad Carrot Sticks w/ dip Sliced Peaches		* Variety of Milk (Breakfast & Lunch) Cereal,
Watermelon Chunks 24 Breakfast Chicken Biscuit or Cereal Lunch Chicken Nuggets w/ Roll Grille Cheese sandwich Mashed Potatoes	25 Breakfast Pancakes & Sausage or Cereal Lunch Slider Cheeseburger or hamburger Old fashioned PBJ Sandwich	Fresh Banana 26 Breakfast Cereal or Assorted Bagel's Lunch Eagle Dog Grille Cheese Sandwich	27 Breakfast Breakfast Pizza Lunch Deli Sandwich PBJ Sandwich Sun Chips		100% Juice, Fresh Fruit or USDA IS AN EQUAL

Baked Beans

Coleslaw

Fresh Banana